



9 March 2021

Dear Parents,

Greetings from the music department!!

We thought we would touch base early this year to support you in building your encouragement of your children's musical endeavours.

Children require help with their daily organization, whether it is preparing for school, packing their lunch or ensuring they have their soccer boots for training. This is also relevant for their music subject. Helping the children remember their instruments and music for both ensemble and lesson days is supportive and conducive to their learning. Also reminding them to spend time revising the material they have learnt over the week is appreciated and often a little nudge is all they need to get going.

This year we have various performances planned and the more prepared the children are, the more enjoyment they will experience throughout the year.

We are asking you to help the children prepare regular daily practice times within your family routine.

Thank you so much for your continued support and encouragement.

Jeanette, Leonie, Phil, Carrie and Raziel

P.S. This is an excerpt from an article in Activate Music just highlighting why we recommend daily practice

"... **small amounts of regular practice is much better than a massive session in the weekend.** When you practice, you develop muscle memory. This is where you learn to do the movements without having to think about them. You could be watching TV, having a conversation with someone, *and* playing a song on your instrument perfectly at the same time. That's muscle memory at work.

If the only time you play your instrument is during your lesson, then your muscles will have trouble remembering what they did during your last lesson and you won't make much progress. Every time you see your teacher, you'll end up going over the same thing again and again and again and again. "

<https://activatemusic.academy/why-you-really-need-to-practice-your-instrument/>