



## Courageous Conversations Parent Seminar

Learn how to have THE TALK with your child

In a hyper-sexualised society, our youth are struggling more than ever - and they are looking for help.

Come along and learn how to tackle:

- consent
- boundaries
- body image
- self esteem
- social media
- online pornography
- peer pressure

Presented by Lily Isobella from The One A Day Project

\$37 +bf Tickets are essential & available online

Thursday May 16th, 6.00-9.30pm

Castlemaine Community House, Castlemaine.

[www.lilyisobella.com.au/parenting-forum/](http://www.lilyisobella.com.au/parenting-forum/)