



20.09.18

**Come along to an evening for parents entitled:**

**PARENTING TOWARDS ADOLESCENCE**

We are delighted to offer an evening with **Lisa Devine** on Monday the 22<sup>nd</sup> of October at 7.15pm in the Eurythmy room.

Lisa has served in many Steiner Schools over the years in a number of different roles, eurythmist, teacher and counsellor and as a speaker, has that happy knack of communicating in plain language the great depth of knowledge and understanding of young people that she has developed through her work.

Lisa's talk will definitely be of interest to all parents but will be particularly interesting to parents whose **children are heading towards adolescence.**

For some parents, knowing what to say to your children as they are heading into the 'tricky' years of adolescence can feel awkward, embarrassing or daunting. Lisa has spoken to many parent groups on this topic and from my own first-hand experience I can say, without doubt, she brings a healthy dose of **common sense mixed with deep anthroposophical insight** that I'm sure will inspire and inform.

In her talk, she will address the physical changes children undergo. She will also talk about gender and some of the interesting questions facing us today as well as the vital role you play as parents in supporting your children as they go through this interesting phase of life.

There will be lots of opportunity for questions of which, I am sure, there will be many. There will be refreshments available from 6.45pm. Come early, have a chat, a cuppa and get a good seat.



**Short Bio**

Lisa Devine trained as a youth worker in the early 1980s and worked in a range of youth at risk programs. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa's connection to the work of Rudolf Steiner began in the 1990s when she completed her Eurythmy training. In 2013 she completed the training in Curative Eurythmy. She has worked as a Chaplain and counsellor in Steiner schools throughout Australia. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses in the Sydney Rudolf Steiner College Teacher training program.

**Warm Regards,**

**Brian Dodd**

**Principal**