

The Gabriel Talks- 2017 program

'Wholistic Family Life: two workshops.'

Monday 24th July and Monday 7th August at 7.30 pm at the Kew Library.

The Gabriel Talks enter their 13th year, with two free public talks offered in Term 3.



The program of talks offers an opportunity to explore the life of the young child, and the great joys and challenges of parenting in the context of the picture of the human being given by Rudolf Steiner.

Cheryl Nekvapil will offer two talks/workshops, titled "Wholistic Family Life." These are based upon the **Parent Training Programme** developed by Kirsten Schreiber* and Christoph Meinecke**, which are inspired by Rudolf Steiner's work, and are congruent with contemporary studies and research. Cheryl helped to bring this program to Melbourne and worked closely with the founders during its delivery in 2016.

Each session consists of social exercises and games, reflection on the experiences, information on aspects of parenting focussing on early childhood, stepping forward into parenting our children today and tomorrow; learning through 'social technologies' lights up delight and insight – this is enlivening as well as instructive.

Participants will receive a manual translated from the German edition.

We will address topics including:

What does a human being need:

- the four homes
- what unsettles me, what unsettles the child, what security does my child need.
- what can we do to en-joy parenting, to be less troubled; questions and reflections.

How do I become human:

- the development of the child in the first three years (walking, talking, thinking) and how does this influence later life.
- the development of the will and the inner disposition of the educator.
- The senses: how can we care for the senses and protect them from over stimulation.
- How do the senses influence our behaviour.
- My own biography, the child in me, the influence this has on being a parent.

* *Social worker and manager, Partner-and family therapist, music therapist at Familienforum Havelhoehe (Berlin).*

** *Medical doctor for children and youth, Psychotherapist, Anthroposophical medicine (GAAED), Founder of the Familienforum Havelhoehe (Berlin), School doctor in Stuttgart and Berlin.*

Where: Kew Library, Phyllis Hore Room, Corner Civic drive and Cotham Road, Kew. Plenty of free carparking is available.

Melway ref: 45 D6 No charge. No bookings required.

To register for these workshops please email: info@gabrielcentre.com.au

Information: Tiffany, tel. 9876 1092 or 0413 120 345