Death Care—Laying out and tending the body for the Vigil

Caring for the dying is about how to be selfless and nurturing and how to confront our own fears and relationship to pain. It can be frightening to see someone in pain or anxious or confused. We need to learn how to acquire a quiet and gentle quality of care. This is very important for the dying person and the family and friends and can make a big difference. After the passing of the soul, the vigil, which then follows, is an opportunity for us to pay tribute to that individual soul’s contribution to life on earth and it helps us to learn how to pass thresholds with the ability to surrender.

13. August  10am to 4pm   $125

The Norma Richardson Hall at St. Mary’s  Woodend  15 Buckland Street

For bookings and further information please ring 0407521397

This workshop will cover the phenomenology of dying and death, palliative care options, dealing with pain, caring for the dying patient and the meaning of the vigil. A practical demonstration will be given to assist you in learning how to participate in caring for your loved one.

Pippa White is an anthroposophical nurse with extensive experience in palliative care providing solace and gentle care to dying patients.

Irmhild Kleinhenz is an anthroposophical integrative health professional and educator with thirty years of experience in supportive work with many facets of health and death care.

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