TRANSFORMING GRIEF — half-day seminar

Susan Vos (Brisbane), author of Embracing Grief, Transforming Life, leads a discussion and workshop on the transformation of grief.

Discussion 1.30pm – 3.30pm  Transforming Grief as an Inner Path
Susan will share aspects of her journey of transformation since the death of her eldest son in 2006. She will highlight key practises that developed on her devotional path of transforming her grief, and consequently, her life. This gathering will invite meaningful conversation, be interspersed with inspirational readings, and encourage the sharing of personal experiences of grief, its hidden gifts, and connections with loved ones who have died.

Workshop 4pm – 6pm  Inner peace — guided healing with TAT
Susan will introduce the Tapas Acupressure Technique. All grief-related challenges can be brought into this gentle meditative healing process and lead hearts and minds to a place of peace. Afterwards, there will be time for sharing of experiences. (Please note: TAT does not require the revisiting of painful events).

Susan Vos is a healing facilitator, certified TAT practitioner and spiritual companion. Her personal transformation through the death of her son Simon, in October 2006, opened the door for her calling to be of service in the world. She is passionate about the potential within each human being.

Cost
To assist with venue and Susan’s travel costs from Queensland, the following donations are requested:

Discussion & Workshop: $35
Discussion only: $15
Workshop only: $25
(refreshments included)

Saturday September 17
The Norma Richardson Hall
St. Mary’s Woodend 15 Buckland Street
Enquiries 0410 607 317 or 0407 521 397