Caring for the Adolescent – two evening lectures at the Melbourne Rudolf Steiner Seminar July 2016

We invite parents, teachers and anyone interested in the life of the adolescent to join us for two evening lectures on the theme of Care of the Developing Soul, presented respectively by Rob Gordon and Lisa Devine.

These lectures are open to the public and are offered as part of our International Steiner High School Teacher Intensive program which begins on Monday 11th July.

Lecture details:
Venue: Movement Room, Melbourne Rudolf Steiner Seminar, 37A Wellington Park Drive, Warranwood. Cost $5
Information: Jeff Onans - 9876 5199 or j.onans@steinerseminar.com

Rob Gordon, Tuesday 19th July from 7.30-9.00 p.m.
“The Astral World of the Adolescent: The Passage between Scylla and Charybdis”

The period between puberty and adulthood sees the soul life of the adolescent emergence as a realm that is decisively different from earlier ages. The scope and intensity of feelings, the independence of thinking, the strength of will impulses and most of all the intensified sense of self all challenge the developing person. Sometimes these challenges can get the better of them, throw them off their path and expose them to depression, suicide, substance abuse, self-harm, anorexia and other disorders. The presentation will describe typical crises of adolescents related to the developmental processes and offer some guidelines for supporting them in the school environment.

Rob Gordon, PhD, is a clinical psychologist who worked at the Melbourne Royal Children’s Hospital for 15 years and since then has conducted a private practice in psychotherapy of adults, adolescents and children.

Lisa Devine, Monday 25th July from 7.30-9.00 p.m.
“Adolescence: Shaping the crucible of destiny.”

The new etheric heart that adolescents receive can be experienced as a blessing or a curse. The world is experienced through the organ of the midnight hour when they decided to come here. It is tinged by promises made and witnessed at this genesis moment of destiny. Unless the world we offer them can resound to the mystery of this destiny moment it is hard for them to find the fire that can hold them here. Anxiety about a future they did not agree to and depression about the identity they do not feel at home in can overwhelm them. How can the curriculum shape a vessel into which the music of their destiny can resound so they can find the fire of love for the world and themselves.

Lisa Devine is a psychologist, counsellor and has worked with young people at risk. She continues to provide chaplaincy and counselling support to young people in Steiner schools in Victoria and New South Wales.